

# WHAT DOES BYSTANDER INTERVENTION LOOK LIKE?

## WHEN YOU SEE SEXUAL HARASSMENT #DOSOMETHING

### SHOW

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#### SHAKE YOUR HEAD

An easy way to say  
“that’s not ok.”

#### DON'T LAUGH

Because laughing  
says  
it's ok and it's not.

It's called bystander intervention  
– because doing nothing does harm.

For information and support contact:  
Safe To Talk Helpline ph 0800 044 334 or text 4334

We would like to thank Our Watch Australia  
for sharing their key messaging with us.  
[www.ourwatch.org.au](http://www.ourwatch.org.au)

### SPEAK OUT

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#### RESPOND TO IT

“That’s not funny.”

#### CHANGE THE TOPIC

“Ok, let’s move on.”

#### CALL IT OUT

“That’s not  
appropriate.”

### SUPPORT

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#### ASK IF THEY'RE OK

“I don’t think that was  
ok. Are you alright?”

#### ACKNOWLEDGE IT

“I’m sorry they said  
that.”

#### JOIN FORCES

Support others who’ve  
had the courage to  
call out inappropriate  
behaviour.

There is no hierarchy to respect.